

## **ATME COLLOQUIUM 2025: MOVEMENT AS MEDICINE/WORKSHOPS**



Eliza Ladd Schwarz

### **Digging Deep: The Body as Palimpsest**

Eliza Ladd Schwarz will lead an experiential workshop digging (both literally and metaphorically), as an embodied physical, spiritual, communal, and theatrical act offering opportunities for holistic healing. Participants and witnesses will collaboratively develop performance content (movement, sound, text, and song) that will unearth personal, collective, ancestral, and imagined artifacts, stories, materiality, and movement-based memory. In this on the spot memorial, excavation and celebration of life and its comings and goings, participants will embody roles of path-walker, mark maker, dirt-digger, stone carrier, voice voyager, circle mover, light shiner, witness writer and still runner.

**Eliza Ladd Schwarz** is a director, performer, stage writer, song maker, and movement designer from NYC currently teaching at CWRU/Cleveland Playhouse MFA. Notable recent projects include original works of theater *Selfie of the Ancients* and *Tigers Above, Tigers Below*, both curated by New Music New College Foundation; *Agridulce/Bittersweet*, a bi-lingual community project funded by the Andrew W Mellon Foundation; *Work/Play/Work*, a theatrical ensemble zoom response to the 2020 call for social justice; her solo works *Gravity and Levity* and *Autobiography of the Human Species*; and *Men On Boats*, the first show Eliza has directed in Cleveland.