

Abstract for ATHE 2023 Building from the Rubble: Centering Care

Title

Digging, Transforming, and Emerging: Performance Praxes as Spiritual Interventions

Final Full Description

We invite participation both in-person and virtually (asynchronously) for this session featuring workshops and discussion. Virtual participation for asynchronous participants and in-person participants wishing to share more about their experience are encouraged to visit our website here: www.thebutterflyaffect.org

In this session, workshops of "digging" and "chrysalis-to-butterfly transformations" serve as inspiration for discourse regarding global majority religions, spiritualities, and performance praxes for participants. During this session, we seek to offer spaces of spiritual connectivity and reflexivity to catalyze transformative changes that we—as scholars, artists, educators, and spiritual beings—hope to experience and to ripple change throughout our respective communities and fields.

Workshop leader, Eliza Ladd Schwarz, will lead an experiential workshop digging (both literally and metaphorically), as an embodied physical, spiritual, communal, and theatrical act offering opportunities for holistic healing. Participants and witnesses will collaboratively develop performance content (movement, sound, text, and song) that will unearth personal, collective, ancestral, and imagined artifacts, stories, materiality, and movement-based memory.