

Summary

- Interdisciplinary Theater Maker, Performer, Director, Stage Writer, Composer, and Choreographer
 - Extensive experience as teacher and director in Movement for the Actor, Improvisation, Physical Acting, Clown, Scene Study, Creative Movement, Percussion, Song, Live Sound Action, Ensemble Development, Shakespeare, Composition, and Devised Theater
 - Facilitator in diverse fields of Arts and Education, Experiential Learning, Curriculum Development, Contemplative Practice, Creative Process, and Professional Development for Teachers, Engineers, and Other Professionals
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Education and Training

MFA Naropa University, Theater: Contemporary Performance 2008

BA Harvard University, Cum Laude in Comparative Religion 1989

Licensed Ashaya Yoga Teacher, 2020

Certified Teacher of Trish Arnold Movement Work, Shakespeare & Company 2002

Certified Body Dynamics™ Educator, Movement for Actors based in Bioenergetics Movement Analysis 1997

Acting	Grotowski: Steve Wangh, Andre Gregory, Erica Fae; Suzuki and Viewpoints (SITI) T. Schreiber Studio: Terry Schreiber, Mary Boyer, Sally Dunn, Shakespeare & Co
Singing Performance	Susan Slavin Actors and Singers Academy
Shakespeare	Shakespeare & Co. Performance Institute and Month Intensive
Voice	Linklater: Kristin Linklater, Christine Adaire, Margaret Jansen; Roy Hart Extended Voice; Primitive Voice: Jean-Rene Toussaint
Improvisation	Ruth Zaporah, Viewpoints (SITI), Barbara Dilley, Meredith Monk, Wendell Beavers, Contemplative Dance Practice, Zen Arts Practice, Moment Work (Tectonic Thtr Project)
Clown / Le Coq	Giovanni Fusetti, Kevin Coleman, John Beale, Susan Dibble, Karen Beaumont, Dody Disanto, Christopher Bayes
Movement	Developmental Movement, Body Mind Centering, Body Dynamics™, Ashaya Yoga Capoeira, Butoh, Contact, African, Klien/Mahler, Fight, 5 Rhythms, Creative
Instruments	Djembe, Sourd, Percussion, Guitar, Piano, Objects

Professional Experience

Teaching: Acting / Movement for the Actor / Devising Work / Freeing the Instrument

FSU Asolo Rep Conservatory for Actor Training MFA, FLA Assoc. Prof Movement 2018 - Current

Teach *Movement for the Actor and Dance* including Improvisation, Composition and Choreography, Devising work, Viewpoints, Capoeira, Body Dynamics, Developmental Movement, Grotowski, Le Coq, Strength and Alignment, Contemplative Practice, Clown, Ashaya Yoga, Ensemble Practice and study of various dance styles; Movement Coach / Choreographer for student productions including *Reckless*, *As You Like It*, *Antigone*, *Dead Man's Cell Phone*, *Julius Caesar*, and *Everybody*; Collaborate on overall curriculum with Conservatory faculty.

FSU Asolo Rep Conservatory for Actor Training MFA, FLA Asst. Prof Movement 2013 - 2017

Teach *Movement for the Actor and Dance* including Improvisation, Composition and Choreography, Devising work, Viewpoints, Capoeira, Body Dynamics, Developmental Movement, Grotowski, Le Coq, Strength and Alignment,

Contemplative Practice, Clown, Ensemble Practice and study of various dance styles; Movement Coach / Choreographer for student productions including *The Liar*, *How I Learned to Drive*, *The Cherry Orchard*, *Three Sisters*, *Nora*, *As You Like It*, *Drunken City*, *Macbeth*, *A Midsummer Night's Dream*, *Much Ado About Nothing*, and *Oedipus*; Collaborate on overall curriculum with Conservatory faculty.

New College, FLA - Adjunct Professor Spring 2017, Spring 2018, Spring 2020

Taught *Devising Theater: The Art and Craft of Making Original Work* and *The Viewpoints* in Humanities Department. The course included ensemble practice, research, and aspects of the Viewpoints, Physical Theater, Contemplative Practice, Live Sound Action and Moment Work. Students initiated original work and the group created a final performance.

Marymount Manhattan College, NYC - Adjunct Acting Faculty, 2010 - 2013

Taught full year course in *Basic Acting, Performance, and Movement for the Actor*, introducing physical theater and acting approaches including Grotowski, Stanislowski, Le Coq, the Viewpoints, Michael Chekhov, and offering a progression for warm-up, scene study, rehearsal, and performance.

Whitman College, WA - Guest Artist, BFA Theater, Spring 2013

Facilitated Ensemble Process and Development of Theatrical Language / Choreography for student production of *My Chernobyl*, Guest teacher in Acting and Movement, Held Community Workshop: *Nomadic Citizenry*

Earlham College, IND - Guest Artist, BFA Theater, Spring 2012

Performed *Big Exit* - in collaboration with and directed by Sara Zimmerman - and held community discussion on performance practice and social discourse in theater.

T. Schreiber Studio, NYC - Teacher of Ensemble Body Practice, Conservatory Actor Training, 2011

Designed Curriculum and Taught *Professional Ensemble Inquiry: Movement Practice for Actors*, an ensemble training in Developmental Movement, Elegant Pedestrian, Improvisation and Composition Structures, and the Dynamics of Support, Chorus and Counterpoint, in body and in voice.

Shakespeare & Company, MA -Teacher of Movement for the Actor, 2002 - 2011

Teacher of *Movement for the Actor* integrated into larger curriculum of Linklater Voice, Ensemble Development, and Shakespeare Text Work as a part of Month Long Intensives (professional) and Summer Training Institutes (college)

Henry Street Settlement, NYC - Live Sound Action Community Project 2010-11

Developed *Live Sound Action* pedagogy and performance in community workshops on Lower East Side of Manhattan with First Graders and Teachers -- funded by Puffin Foundation grant.

Kingsborough Community College, NYC - Adjunct Theater Faculty, 2009 - 2010

Taught *Introduction to Theater / The Function of Theater*, an introduction to the art and craft of theater including history, function, design, and highlighting modern devised theater techniques.

Naropa University, CO - Adjunct Theater Faculty BFA Performance, 2008

Designed Curriculum and Taught *Freeing The Instrument: Voice, Vibration, and Touch*, a course in improvisation and composition for voice, body and sound, integrating Dev. Mvmt, Primitive Voice, Body Dynamics™, and Text

Independent Workshop Training, NYC, 2006 - Current

Create Curriculum and Teach *Dynamics of the Body: Freeing the Instrument for the Actor*, an integration of Body Dynamics™, Developmental Movement, Live Sound Action, Capoeira, Stage Writing and Group Process.

Naropa University, CO - Guest Artist, BFA Theater, 2007

Designed and Taught *Freeing the Instrument: Voice, Vibration, and Touch*, a two day intensive emphasizing a physical, percussive, and experiential approach to vocal expression.

Light Theater Company, NYC - Guest Artist, Ensemble Development Intensive, 2004

Taught weeklong workshop to company of actors in preparation for devised theater process.

California State University, Fresno, CA. - Summer Arts Intensive, 2003

Taught Movement for the Actor and Text at Summer Arts Intensive with Shakespeare and Company.

Performance of a Lifetime, NYC - Guest Teacher, 1998 and 1999

Taught Body Dynamics™ to actors and other adults at innovative company integrating improvisation and physical training with coaching, and organizational change practices.

Teaching: Professional and Curriculum Development / Arts in Education

Best Effect - Professional Trainer of Think Build Live Success, 2009 - 2014

Designed and Facilitated Trainings for teachers, nurses, marketing representatives, technology experts and Non-Profit Organizations in the TBLS life, career and communication skills curriculum and Presentation Skills.

Cooper Union College of Arts and Sciences, NYC - Professional Development, 2000 - 2014

Designed and Facilitated Workshops for engineering students on communication, body language, group dynamics and team building.

Young Audiences NY - Curriculum Development, Teacher Coach, Guest Artist, 2002 - 2013

Ongoing Coach for teachers at Emma Lazarus International HS in creativity and engagement in the classroom; Designed and taught workshops for teachers in NYC Public School System on the integration of performing arts and academics; Designed and taught intergenerational family workshops; Designed and taught residencies in Musical Theater, Devised Performance, Classical Text Adaptation, Movement and Percussion, ranging from 4 -12 weeks long for grades K-12.

The Whitby School, Greenwich, CT - Teaching Artist, 2011 - 2012

Designed and taught full-year theater curriculum to grades 1-4, including performances and academic integration as well as adaptation of Greek Myths and Devised Work.

Bank Street College, NYC - Curriculum Development and Trainer, 2003 - 2011

Designed and Taught Professional Development workshops for teachers and after school leaders in Improvisational Theater and Movement, Literacy, Group Dynamics, Safety and Student Engagement for Bank Street College Arts Institutes.

Readers Theater Workshop, NYC - Professional Development, 2002 - 2007

Designed and Taught *The Art Of the Song*, *Freeing the Instrument* and other arts integration and community building workshops for public school teachers.

Select Performance Projects / Research:

Gravity and Levity - Sarasota Contemporary Dance In Studio Series - FL, 2021 and Franklin Furnace - NY, 2021 solo performance designed for the zoom box, live stream Feb 2021 It took 400 million years to go from quadruped to biped, and now this? — join a very particular creature on a shape shifting journey to die for.

Work/Play/Work - Independent Ensemble, developing community based somatic performance online

Autobiography of the Human Species - Sarasota Contemporary Dance In Studio Series - FL, 2019
- solo performance in development for work in progress showing, November 2019

Tigers Above, Tigers Below - New Music New College - Composer Director - New College, FL, 2019
-A devised piece made with New College Students and created as an Independent Study Project; *Physical, musical, visual and experimental composition with non-traditional instruments, voice, movement and ensemble; Scores reflect the edge of fear, the moment of decision, and the purpose and value of ensemble creation*

Selfie of the Ancients - New Music New College - Composer and Director - New College, FL, 2016
- A devised piece made with New College Students and created as an Independent Study Project; *Physical, musical, visual and experimental composition with non-traditional instruments, voice, movement and ensemble; Scores that reflect the original function of music - both sacred and social;*

Dali and Picasso Project - Collaborating Director and Stage Writer, Dali Museum, FL, 2015
- *Original dance, sound and voice performance created in collaboration with Fusion Dance Artists*

***O let me just be the Greek Whore That I am* - Writer and Performer, Sarasolo Festival, FL, 2015**
- solo performance of text, song, movement, and object redeveloped for Sarasolo

***On est déshabillé, a comedy about death* -Writer, Creator, Director, Performer, NY + MA, 2011 - 2014**
- Join a woman and her stick, part warrior part creature part housewife, on an absurd adventure born out of Rock and Roll and teetering toward Clown. Solo work expanded to include ensemble, at Field Residency, United Solo Festival (NYC), Performance Mix at Joyce (NYC) , Dixon Place (NYC), and Spoke the Hub (NYC) and Berkshire Fringe (MA)

***Elephants and Gold* - Writer, Director, Composer, Performer, CO, NY, + MA, 2007 - 2009, Current**
-*Inspired by the contemporary conflict between elephants and humans this ensemble musical explores evolution and violence, as it invites a deep curiosity about our place in the natural order of things.* An Ensemble work developed at Boulder Fringe, as my MFA Thesis, and at Berkshire Fringe Festival 2009. I am currently seeking funding and research opportunities to further develop this work.

***Stop the Virgens* - Collaborating Performer, St Ann's Warehouse, NYC, 2011**
-Premier run of a contemporary opera written by Karen O of the *Yeah Yeah Yeahs* and Directed By Adam Rapp. I created and performed featured role of Sentinel.

***Bucket and Stick* - Director, Choreographer, Performer, NYC, 2011 - 2013**
-*An ensemble investigation of Live Sound Action as a performance making practice; a tribal group making language and story out of objects and movement.* Produced at Gowanus Arts, NYC, workshopped around NYC

***Big Exit* - Collaborating Performer and Stage Writer, NY + IN, 2011-12**
-*Two women explore the challenges and absurdities of work, containment, sexism, and freedom through clown and dance.* Directed by Sara Zimmerman, Produced at the Field, the Chocolate Factory, the Kitchen, Governors Island, Dixon Place, NYC and Earlham College, IND.

***Casa Cushman* - Collaborating Writer, Ensemble Development, Performer, NY, 2007-2011**
- Written and directed by Leigh Fondakowski of Tectonic Theater Project in development at The Orchard Project, New York Theater Workshop, and New Georges.

***23 Seconds About John Cage* - Performer, Live Sound Action Collaborator, CO, 2008**
- A devised piece investigating the life and art of John Cage, directed by Barney O'Hanlon and Leon Ingulrud of SITI Company. Produced at Atlas Theater, University of Colorado.

***Desolate Delight* - Ensemble Collaborator and Performer, CO, 2007-2008**
- An ongoing contemplative and improvisational performance practice and investigation guided by Barbara Dilley and resulting in numerous public performances in Boulder, CO.

***Monster: Who Does Dirty Work?* - Director, Writer, Collaborator, Performer, CO, 2007**
- A devised piece created by an ensemble of 6 investigating Frankenstein, human fascination with all things monstrous, and the underbelly of who commits monstrous behavior. Produced in Boulder, CO.

***This Thing of Darkness* - Live Sound Action Collaborator and Performer, CO, 2007**
- An adaptation of *The Tempest* Directed By Randy Rand and produced at Nalanda Theater, CO.

***The Accidental Activist* - Live Sound Action Collaborator and Performer, NY + CA, 2003-2005**
- A performance about political activism and the *The Lysistrata Project* written by Kathryn Blume and Produced at Connelly Theater in NYC, Berkeley Rep in CA, and New England Tour.

***Captains and Courage* - Live Sound Action Collaborator and Performer, NYC, 2002**
- In this world premier of Israel Horovitz' play, I directed ensemble sound and movement and performed as a percussionist and singer. Produced at T. Schreiber Studio in NYC.

***Fruit Bearing Branch, Boulders In My Belly, Pass me Through the Holed Stone, and Patience My Blood* - Director, Creator and Performer, NYC 1996 - 1998**
- Performance works integrating sculpture, video, movement and song, Funded by Franklin Furnace and Produced at Movement Research, Ubu Rep, Dia Downtown, Dixon Place P.S.122, NYC.

Awards and Grants Panel Presentations

Association of Theater in Higher Education (ATHE) VIRTUAL 2021

Collaborated to present a panel workshop: Re-Evaluating Teaching Theatre - What Still Holds True in a Pandemic? where I explored my work/play/work project and the relevance of teaching somatic work and creative process online as a means of addressing systemic racism and white body supremacy

Association of Theater in Higher Education (ATHE) VIRTUAL 2020

Collaborated to present on panel workshops: Tools for Creating Site Specific Theater: A Dialogue with Space and Substance; and, Human Beings in Motion - Presence, Connection, and Communion

New Music New College (Sarasota, FL) - Curated for Performance 2019

Tigers Above, Tigers Below - A devised piece of Live Sound Action with New College students

Association of Theater in Higher Education (ATHE) Orlando, FL 2019

Collaborated to present on panel workshop of The Diverse Body and Wellness in Actor Training

Association of Theater in Higher Education (ATHE) Orlando, FL 2018

Collaborated to present in workshop, The Revolutionary Act of Touch

New Music New College (Sarasota, FL) - Curated for Performance 2016

Selfie of the Ancients - a Live Sound Action collaboration with new College Students

Berkshire Fringe Festival, Great Barrington MA - Curated for Performance 2013

on est déshabillé, a comedy about death (expanded solo) selected and produced by Berkshire Fringe.

Performance Mix Festival, NYC - Curated for Performance 2012

on est déshabillé, a comedy about death (solo show) selected for production in festival.

United Solo Theater Festival, NYC - Curated for Performance 2011

on est déshabillé, a comedy about death (solo show) selected for production in festival.

Puffin Foundation, NYC - Independent Artist Grant 2010

Received grant to develop *Live Sound Action* pedagogy with professional actors and in a intergenerational community setting.

Berkshire Fringe Festival, Great Barrington MA - Curated for Performance 2009

Elephants and Gold (Original Musical) selected and produced by Berkshire Fringe Festival.

Boulder Fringe Festival, Boulder CO - Winner of Audience Encore Award 2007

Elephants and Gold (Original Musical) voted favorite performance by festival audience.

Franklin Furnace, NYC - Fund for Performance, Emerging Artist Grant 1998

Received Fund for Performance grant to develop performance work as emerging artist.